

# Families and Committed Relationships

## Sex and Relationships Education

Paragraph 67 of the **DfE guidelines on teaching Relationships & Health education** states: *It is important that the transition phase before moving to secondary school supports pupils' ongoing emotional and physical development effectively. The Department of Education continues to recommend therefore that all primary schools should have a sex education programme\* tailored to the age and the physical and emotional maturity of the pupils. It should ensure that both boys and girls are prepared for the changes that adolescence brings and - drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born.*

The children in Year 6 will build on their understanding of healthy and committed relationships from previous PSHE lessons and, through our unit this term, they will cover the following **learning outcomes**:

- To dispel myths and explain the facts about human reproduction
- To identify the age of consent for sexual intercourse and its importance in helping children stay safe from risk and harm
- To explain the impact having a baby can have and why starting a family is such a big decision
- To explain why it is important that people are ready for and committed to the changes having a baby brings
- To explain why age restrictions are in place for particular activities

### **Key vocabulary:**

*Relationship, diversity, commitment, healthy, unhealthy, sexual intercourse, sex, fertilise, conception, foetus, sperm, egg, pregnant, IVF, adoption, Caesarean section, responsibility, legal, age restriction, age of consent, safe*

*\*We are currently using the Health & Relationships programme by Discovery Education to deliver our PSHE curriculum.*