Every day choose from:

Monday
- Pork Sausages (G.SU)
- Chinese Style Quorn Noodles (SB.E.G.)
- Jacket Potato with Cheese (D.)

Tuesday
- BBQ Chicken Fillet Wrap (G.)
- Farmhouse Omelette (D.E.)
- Jacket Potato with Tuna Mayonnaise (D.E.M.F.)

Wednesday
- Roast Pork or Gammon
- Vegetarian Toad in the Hole (G.SU.SB.D.E)
- Jacket Potato with Cheese and Beans (D.)

Thursday
- Pasta Bolognese (G.) Optional Cheese (D.)
- Rustic Margherita Pizza (D.G.)
- Jacket Potato with Cheese and Beans (D.)

Friday
- *Seaside Fish Fillet (F.G.)
- Vegetable Burrito (D.G.)

Every day we offer:
- (v) Yeo Valley organic yoghurt (D.) or fresh fruit as alternative dessert options
- (v) Strawberry Swirl Mousse (D.)
- (v) Cheddar Cheese, Crackers and Apple Wedge (G.D.)

Tuesday
- (v.h) Homemade Iced Mandarin Sponge (G.E.)

Wednesday
- (v.h) Homemade Fruit Crumble with Custard (G.D.)
- Ice Cream Tub (D.)

Thursday
- (v) Creamy Whip with Fruit in Juice (D.)
- (v.h) Homemade Ginger Cookie (G.)

Friday
- (v) Gluten Free Mini Ring Doughnut (SB.D.E.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown in the photographs.

Key
- V = vegetarian
- G = Gluten/Wheat
- D = Dairy
- F = Fish
- N = Coconut/Nuts
- M = Mustard
- S = Sesame
- SB = Soya
- E = Egg
- SU = Sulphites

Allergies
Please contact your school cook for information regarding...
**Week 2 Dessert Menu**

**Every day we offer:**
(v) Yeo Valley organic yogurt, (D.) or fresh fruit as alternative desert options.

**Monday**
(v.h) Homemade Chocolate Cracknel (G.)

**Tuesday**
Jelly with Fruit
(v) Ice Cream Tub (D.)

**Wednesday**
(v.h) Homemade Up Beet Chocolate Cake (G.E) with Hot Chocolate Sauce (D.)

**Thursday**
(v.h) Homemade Melting Moment Biscuit (G.)

**Friday**
(v.h) Favourite Fruit Muffin (G.E)
(v) Ice Cream Tub (D.)

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- SJ = Sulphites

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.
Day Meal Choices

Monday
Organic Pork Meatballs (G.SU)
(v) Quorn Korma (very mild) (M.D.E)
Every day choose from:
(v) Jacket Potato with Cheese (D)

Tuesday
Passa with Peas and Bacon (G.D)
(v) Pizza Fillet - Quorn topped with pizza sauce and melted cheese (D.E)
(v) Broccoli and Sweetcorn Pasta (G.D)
(v) Quorn Nuggets (G.D.E)

Wednesday
Roast Beef in Gravy
(v) Siccy BBQ Veggie Sausages (G.S.B.S)
(v) Jacket Potato with Tuna Mayonnaise (D.E.M.F)

Thursday
Chicken Pie (D.G)
(v) Siccy BBQ Veggie Sausages (G.S.B.S)

Friday
Breaded Pollock Fillet (F.S.B)
(v) Quorn Nuggets (G.D.E)
(v) Jacket Potato with Cheese and Beans (D)

Week 3 Dessert Menu

Every day we offer:
(v) Teo Valley organic yoghurt, (D,) or fresh fruit as alternative dessert options

Monday
(v.h) Homemade Fruity Flapjack (G)

Tuesday
(v.h) Homemade Sponge with Fruit in Juice (E.G)

Wednesday
(v.h) Homemade Jam Tart (G)
with Custard (D)
(v) Ice Cream Tub (D)

Thursday
(v) Cheddar Cheese, Crackers
and Apple Wedge (G.D)
(v.h) Homemade Carrot and Orange Cookie (G)

Friday
(v.h) Homemade Vanilla Krispy Bar (G)
(v) Ice Cream Tub (D)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad.
We offer a choice of fruit juice cordial, organic semi skinned milk and water to drink.
Accompaniments may vary to those shown.

Key
V = vegetarian
D = Dairy
N = Coconut/Nuts
S = Sesame
E = Egg
G = Gluten/Wheat
F = Fish
M = Mustard
S.B = Soya
SU = Sulphites

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