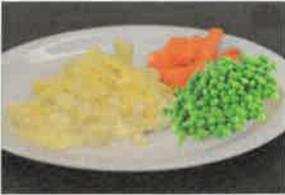


MENU - WEEK ONE

Week Commencing: 1st September | 22nd September | 13th October

	MAIN MEAL	VEGETARIAN	JACKET POTATO / PASTA	DELI	DESSERT
MONDAY	 <p>Chicken and Sweetcorn Pasta Bake served with Carrots and Garden Peas</p>	 <p>Macaroni Cheese served with Carrots and Garden Peas</p>	 <p>Jacket Potato with your choice of Cheese, Beans or Tuna Mayonnaise filling</p>	 <p>Tuna Mayonnaise Sandwich</p>	 <p>Homemade Shortbread</p>
TUESDAY	 <p>Pork Sausage served with Mash Potatoes, Gravy, Broccoli or Mixed Salad</p>	 <p>Vegetarian Cottage Pie served with Broccoli or Mixed Salad</p>	 <p>Pasta with Freshly Made Tomato Sauce</p>	 <p>Cheese Sandwich</p>	 <p>Lemon Sponge and Custard</p>
WEDNESDAY	 <p>Roast Chicken served with Roast Potatoes, Gravy, Green Beans or Carrots</p>	 <p>Roast Vegetable Wellington served with Roast Potatoes, Gravy, Green Beans or Carrots</p>	 <p>Pasta with Freshly Made Tomato Sauce</p>	 <p>Egg Mayonnaise Sandwich</p>	 <p>Ice-Cream and Peaches</p>
THURSDAY	 <p>Cottage Pie served with Gravy, Sweetcorn or Broccoli</p>	 <p>Vegetarian Sausage served with Mashed Potato, Gravy, Sweetcorn or Broccoli</p>	 <p>Pasta with Freshly Made Tomato Sauce</p>	 <p>Ham Sandwich</p>	 <p>Chocolate Sponge and Custard</p>
FRIDAY	 <p>Fish Fingers served with Chips, Beans or Peas</p>	 <p>Cheese and Tomato Pizza served with Chips, Beans or Peas</p>	 <p>Pasta with Freshly Made Tomato Sauce</p>	 <p>Tuna Mayonnaise Sandwich</p>	 <p>Fruity Friday</p>

Deli option is available daily.
All meals come with seasonal vegetables or salad of your choice.



MENU - WEEK TWO

Week Commencing: 8th September | 29th September | 20th October

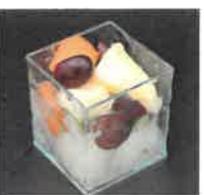
	MAIN MEAL	VEGETARIAN	JACKET POTATO / PASTA	DELI	DESSERT
MONDAY	 <p>Sausage in a Tomato and Herb Pasta Bake served with Peas and Carrots</p>	 <p>Vegetable Biryani and Rice served with Peas and Carrots</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Tuna Mayonnaise Sandwich</p>	 <p>Flapjack</p>
TUESDAY	 <p>Chicken Curry and Rice served with Broccoli or Garden Peas</p>	 <p>Quorn Meatballs in a Tomato and Herb Sauce served with Broccoli or Garden Peas</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Cheese Sandwich</p>	 <p>Chocolate Brownie</p>
WEDNESDAY	 <p>Roast Chicken served with Roast Potatoes, Green Beans or Carrots</p>	 <p>Creamy Vegetable Pie served with Roast Potatoes, Green Beans or Carrots</p>	 <p>Pasta with Freshly Made Tomato Sauce</p>	 <p>Egg Mayonnaise Sandwich</p>	 <p>Apple Crumble and Custard</p>
THURSDAY	 <p>Beef Bolognese served with Sweetcorn or Carrots</p>	 <p>Cheese & Tomato Pizza with Sweetcorn or Carrots</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Ham Sandwich</p>	 <p>Homemade Oaty Cookie</p>
FRIDAY	 <p>Fish Fingers served with Chips, Baked Beans or Garden Peas</p>	 <p>Vegetable Bolognese served with Chips, Baked Beans or Garden Peas</p>	 <p>Pasta with Freshly Made Tomato Sauce</p>	 <p>Tuna Mayonnaise Sandwich</p>	 <p>Fruity Friday</p>

Deli option is available daily.
All meals come with seasonal vegetables or salad of your choice.



MENU - WEEK THREE

Week Commencing: 15th September | 6th October

	MAIN MEAL	VEGETARIAN	JACKET POTATO / PASTA	DELI	DESSERT
MONDAY	 <p>Mexican Chicken and Rice served with Garden Peas or Carrots</p>	 <p>Vegetable Lasagne served with Garden Peas or Carrots</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Tuna Mayonnaise Sandwich</p>	 <p>Strawberry Ice-Cream</p>
TUESDAY	 <p>Beef Lasagne served with Peas or Broccoli</p>	 <p>Cheese and Tomato Pinwheel served with Peas or Broccoli</p>	 <p>Pasta with Freshly Made Tomato Sauce</p>	 <p>Cheese Sandwich</p>	 <p>Chocolate Cracknell</p>
WEDNESDAY	 <p>Roast Chicken served with Roast Potatoes, Green Beans or Carrots</p>	 <p>Quorn Fillet served with Roast Potatoes, Gravy, Green Beans or Carrots</p>	 <p>Pasta with Freshly Made Tomato Sauce</p>	 <p>Egg Mayonnaise Sandwich</p>	 <p>Flapjack with Orange Slices</p>
THURSDAY	 <p>Ham Pizza served with Potato Wedges, Sweetcorn or Broccoli</p>	 <p>Macaroni Cheese served with Sweetcorn or Broccoli</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Ham Sandwich</p>	 <p>Chocolate Brownie</p>
FRIDAY	 <p>Fish Fingers served with Chips, Garden Peas or Baked Beans</p>	 <p>Vegetable Fingers served with Chips, Garden Peas or Baked Beans</p>	 <p>Pasta with Freshly Made Tomato Sauce</p>	 <p>Tuna Mayonnaise Sandwich</p>	 <p>Fruity Friday</p>

Deli option is available daily.
All meals come with seasonal vegetables or salad of your choice.

