

## NHS Healthy Start Vouchers



**NHS**

**You can get help to buy,  
Fruit and Veg, Milk and Pulses,  
Formula Milk and Vitamins**

Apply for your prepaid  
Healthy Start card now at:  
[www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)

The advertisement features a blue background. On the left is a cartoon character of a Healthy Start card with a smiling face and arms. On the right is a cartoon character of a white milk can with a smiling face and arms. The NHS logo is in the top right corner.

A balanced, healthy diet is key to making sure children get all the vitamins, proteins, and minerals they need.

Parents could qualify if they are at least 10 weeks pregnant or have at least one child that's under 4 and would be eligible for support towards milk, fruits, vegetables, and vitamins with this NHS scheme.

Vitamins can be collected from Kingsway, Lillington, and Westgate Children & Family Centres!

For more information and to apply, families can visit: [www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)



**NHS**

**Fruit and vegetables are  
part of a balanced diet  
and can help your family  
stay healthy**

Find out more by visiting:  
[www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)

[X](#) [f](#) @NHSHealthyStart

The advertisement features a pink background. On the left is a cartoon character of an orange with a smiling face and arms. In the bottom left is a cartoon character of a Healthy Start card with a smiling face and arms. On the right is a cartoon character of a green broccoli with a smiling face and arms. The NHS logo is in the top right corner.