



## Eye health support for families

Vision is important because it allows us to connect with people and our surroundings, and keeps us safe. Visit the NHS and See Ability webpages to find out more about eye health.



### NHS - Eye tests for children

Vision problems during childhood are rare, routine eye checks are offered to identify any problems early on. Free NHS sight tests are also available at opticians for children under 16 and for young people under 19 in full-time education. Find out more [here](#).



### See Ability

Children with learning disabilities are more at risk of having problems and may be less likely to be able to communicate them, so regular eye care is essential. It is recommended that all children who have a learning disability have a full eye examination (eye test) at least once a year. Find out more [here](#).



### Connect for Health support

If you would like support from Connect for Health, the Warwickshire School Nursing Service you can contact us on the following contact numbers.



Text Parentline (parents/carers): **07520 619 376**

Call us: **03300 245 204**

Email us: **connectforhealth@compass-uk.org**

Visit our website & download our referral form - scan here or visit [compass-uk.org/c4h](https://compass-uk.org/c4h)

