Warwickshire Child and Family Wellbeing
1 Allerton Road
Central Park Drive, Rugby
Warwickshire
CV23 0PA

t: 0300 247 0072
e: wcfw.contact@hcrgcaregroup.com

Height and weight monitoring for children in Reception and Year 6 during academic year 2026-27

Dear Parent/Carer,

Healthy Futures is provided by Compass and works closely with Warwickshire Child and Family Wellbeing Service, providing high quality health promotion service to children and young people. Warwickshire Child and Family Wellbeing Service is commissioned by Public Health Warwickshire.

Every year in England, children in Reception and Year 6 have their height and weight measured as part of the National Child Measurement Programme (NCMP), a mandated government activity. Your child's class will take part in this year's measurement programme within this school year.

The NCMP provides information to help build an understanding of national and local trends in child weight. It is important to have a good understanding of how children are growing, so that the best possible advice and support can be provided for them and their families.

The measurements will be taken at school in a private space away from other pupils by trained staff of Healthy Futures. Children who take part will be measured fully clothed except for their coats and shoes. Routine data such as your child's name, date of birth, sex, address, postcode, and ethnicity will also be collected to comply with legal obligation to complete the NCMP programme.

The data from all schools in the area will be gathered together and held securely by our local authority public health team. Please note that we may store your child's information on their health record and share it with their GP. No individual measurements will be given to school staff or other children, and all information will be treated confidentially. Please visit our Compass website to view our Privacy Notice. The website can be found at www.compass-uk.org/about-us/policy-statements

The programme's data is used within the local authority and NHS to help plan the provision of services and advice to support healthy weight and lifestyles in the area. The information is also submitted for national analysis and publication in a way that means individual children cannot be identified.

You will be able to access your child's measurements by registering your email address in our secure parent/carer health needs assessment and NCMP portal:

https://www.compass-uk.org/primary-parent-sign-up/

Please go to the webpage, find your child's school and "register" your account. If you have already set up an account when completing the school readiness health needs assessment, you do not need to complete a further registration.

An email notification will be sent following the measurements for you to log in and review the results.

If you would prefer to receive a paper copy of the NCMP results letter, please contact the Warwickshire Child and Family Wellbeing Service to request a posted copy.

If your child's results suggest they are outside the healthy weight parameters, you may be contacted by the Warwickshire Child and Family Wellbeing Service offering advice and information to support your child.

Opting your child out of the NCMP programme

If you are happy for your child to be measured, you do not need to do anything. Children will not be made to take part if they do not want to. If you wish to withdraw your child from completing the programme, please contact Warwickshire Child and Family Wellbeing Service on **0300 247 0072** or email wcfw.contact@hcrgcaregroup.com within 14 days of receiving this letter. If at any stage in the process you have concerns or want further information, please contact us.

The opportunity to discuss any health issues relating to your child is always available. Please do not hesitate to contact the service on the details provided.

You can also find advice and resources on our webpage including top tips for oral health and healthy lifestyle - www.compass-uk.org/national-child-measurement-programme

Yours faithfully,

The Warwickshire Child and Family Wellbeing Service

And The Healthy Futures Team